

Successful Aging Seminars



First Presbyterian Church (324 Madison) is hosting a series of "Successful Aging" seminars on Sundays from 2:00-3:15 p.m., beginning on March 9 and concluding on April 6. These 75-minute sessions are appropriate for any adult, whether you are an older

adult or an adult child or friend. Come to the entire series or pick and choose the topic of interest. Sessions will cover topics such as community resources for older adults, estate planning, hospice and end-of-life issues, Medicare and Medicaid, and dementia.

Topical experts will give a short presentation followed by time for questions and answers. Don't put off learning about these important issues. Being prepared and knowledgeable about programs and services for the elderly will be beneficial to you, your family and your friends. Plan to come and invite your friends!

These sessions are free and open to everyone! Come in the "WELCOME" door.

MARCH 9 AGING BEST

The Area Agency on Aging will present suggestions on ways to successfully move through the aging process. Speaker: Patty Wickham, Aging Best



MARCH 16 ESTATE PLANNING

An overview of estate planning, wills, trusts, powers of attorney, non-probate transfers, etc. will be presented by Shelly Kintzel from Cook, Vetter, Doerhoff & Landwehr P.C.

MARCH 23 HOSPICE AND END-OF-LIFE ISSUES

What is hospice? When is hospice an important part of a patient's care? The speaker will be Dr. Garry Pearson.



MARCH 30 MEDICARE AND MEDICAID

Reviewing the policies and procedures in these programs as they affect nursing care and aging in general.

APRIL 6 DEMENTIA FRIENDS

Dementia Friends USA is part of a global movement that is changing the way people think, act, and talk about dementia. Anyone can be a Dementia Friend - we all have a part to play in creating dementia friendly communities! The speaker is Patty Wickham, Aging Best.

