

# No stopping for summer

## Volunteers keep Food 4 Kids program running outside school year

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No child should go hungry because they are on a summer break from school.



The Food 4 Kids program returns this summer to ensure all children who need one may receive a lunchtime meal during the week.

The program, which has fed Jefferson City area youth for about 18 years, started up again Monday and continues until Aug. 19. It began, according to information provided by the United Way of Central Missouri, in 2005 through a grant the United Way gave to the Food Bank for Central and Northeast Missouri. It returns each year after summer school has ended. Five days a week, volunteers at First Presbyterian Church prepare and bag cold lunches (including sandwiches, fresh vegetables, a Clementine and a granola bar). Students also receive a juice drink, according to Barbara Hall, a volunteer.

Volunteers distribute the meals noon–12:30 p.m., Monday through Friday, at Apache Manor Mobile Home Park, 5101 Business U.S. Highway 50; East Elementary School parking lot, 1229 E. McCarty St.; Calvary Baptist Church, 1436 Hough St.; and at the corner of Edmonds and Elizabeth streets.

From noon–12:30 p.m. Wednesdays and Thursdays, the program distributes cold meals at Church of God in Christ, 616 Locust St., in a joint effort with Building Community Bridges (BCB). The nonprofit and the Church of God in Christ collaborate to serve hot meals noon–1:30 p.m. Mondays, Tuesdays, Fridays and Saturdays.

BCB meals are listed on a Missouri Department of Health and Senior Services website showing where summer (hot) meals are available for children. Go to <https://health.mo.gov/living/wellness/nutrition/foodprograms/sfsp/> to find a link to an interactive map.

The map shows the YMCA Knowles Center, at 424 Stadium Blvd., offers lunches and snacks for children at its camps on weekdays.

The map also shows The Boys & Girls Club Railton Center, 1105 Lafayette St., offers lunches and snacks on weekdays.

Area churches take turns packing and delivering meals within the Food 4 Kids program.

Members of Immaculate Conception Catholic Church prepared and delivered meals Tuesday.